

Psychology

Sl.No	Tropic	Sub Topics	Date And Time
1	Introduction to Psychology	Overview of psychology: definition, history, and major perspectives Branches of psychology: clinical, cognitive, developmental, social, and more Research methods in psychology: experimental, correlational, observational Key ethical considerations in psychological research	13th October (06:00-07:00)
2	Biological Bases of Behavior	Structure and function of the nervous system Brain anatomy and its role in behavior and cognition Neurotransmitters and their influence on behavior The endocrine system and hormonal regulation Hands-on: Case study on a neurological disorder	17th October (06:00-07:00) 20th October (06:00-07:00)
3	Sensation and Perception	Understanding sensation and perception: definitions and distinctions The sensory systems: vision, hearing, taste, smell, and touch Perceptual processes: attention, organization, and interpretation Perceptual illusions and their significance Hands-on: Exploring sensory perception through interactive demonstrations	23th October (06:00-07:00) 28th October (06:00-07:00)
4	Learning and Conditioning	Theories of learning: classical conditioning, operant conditioning, and observational learning Key concepts: reinforcement, punishment, extinction, and generalization Applications of learning theories in real life Hands-on: Designing a basic behavioral modification plan	31th October (06:00-07:00)
5	Memory and Cognition	Models of memory: sensory memory, short-term memory, long-term memory Processes of memory: encoding, storage, retrieval Factors affecting memory: forgetting, interference, and amnesia Cognitive processes: thinking, problem-solving, decision-making Hands-on: Memory enhancement techniques and cognitive exercises	Dates and timings for this topics will notified you soon after getting the time slots from our Trainer
6	Developmental Psychology	Overview of human development: prenatal, childhood, adolescence, adulthood Key theories: Piaget's stages of cognitive development, Erikson's psychosocial stages Physical, cognitive, and social development across the lifespan Hands-on: Analyzing a case study on developmental milestones	Dates and timings for this topics will notified you soon after getting the time slots from our Trainer

7	Personality Theories and Assessment	Major theories of personality: psychoanalytic, trait, humanistic, and social-cognitive Personality assessment: types and methods (e.g., self-report, projective tests) The role of genetics and environment in shaping personality Hands-on: Exploring personality through self-assessment questionnaires	Dates and timings for this topics will notified you soon after getting the time slots from our Trainer
8	Abnormal Psychology and Mental Health	Defining abnormal behavior: criteria and classification Major psychological disorders: anxiety disorders, mood disorders, psychotic disorders Approaches to treatment: psychotherapy, medication, alternative therapies Hands-on: Case study analysis of a mental health disorder	Dates and timings for this topics will notified you soon after getting the time slots from our Trainer
9	Social Psychology	Key concepts in social psychology: social cognition, attitudes, persuasion, and conformity Group dynamics: group behavior, leadership, decision-making Social influence and aggression: causes and effects Hands-on: Designing an experiment on social influence	Dates and timings for this topics will notified you soon after getting the time slots from our Trainer
10	Capstone Project and Review	Integrative project: applying psychological concepts to a real-world issue (e.g., mental health awareness campaign, behavioral intervention plan) Presenting the project and receiving feedback Review of key concepts and takeaways Q&A and troubleshooting	Dates and timings for this topics will notified you soon after getting the time slots from our Trainer
11	Compensation Management	Managing Compensation Principles of Company Wage Policy Components Challenges	Dates and timings for this topics will notified you soon after getting the time slots from our Trainer